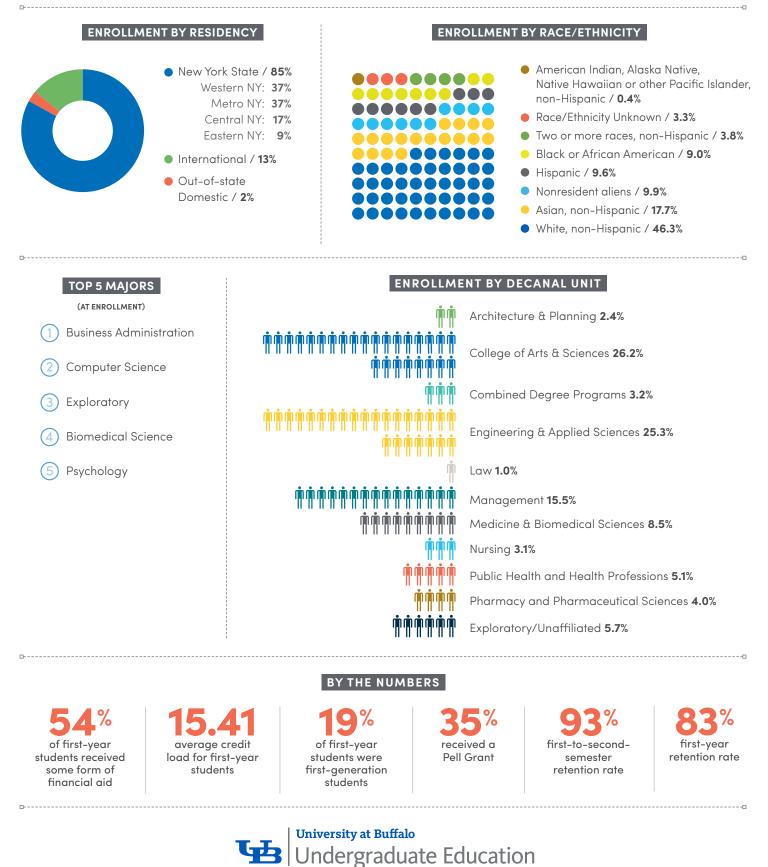
# First-Year UB Students by the Numbers

UB attracts the best and brightest students from our region, across the country and around the world. UB's first-years are smart, dynamic and unique. With a passion for community engagement and high expectations for their college experience, our students chose UB for the opportunities only offered at a top institution like ours.

### Giving them a great first-year experience starts HERE.

THIS DATA IS BASED UPON 2021 ENROLLED FIRST-YEAR STUDENTS CONFIRMED AT OCT. 2021 CENSUS.



Our 2021 first-year students were asked to rate their expectations about activities and outcomes at UB. The following indicated there was a very good chance that they would...



Get a job to pay for college expenses



Thought they would change their major

**9%** (Note: Nationally, over 80% of students change their major at least once before graduating.)

Students reported that at the start of their first semester they needed the most growth in skills related to time management, oral communication and synthesis.

## STUDENT PERSPECTIVE

#### "What do you wish faculty/staff at UB knew?"

- "I wish they would have told us it takes time to adjust and that's okay."
- "We are taking so many other classes and trying to balance it all."
- "I would have liked faculty to be much more reassuring on the first day that we could do it."
- " It is not always laziness why we aren't participating, sometimes the classes are too big to feel comfortable."
- "We are overwhelmed."

# National Trends

The following information is from the 2021 Higher Education Research Institute & Cooperative Institutional Research Program (CIRP) Your First College Year Survey. More information from the various CIRP surveys can be found at **heri.ucla.edu**.

Colleges and universities need to be prepared to support students' mental and physical health concerns as they arrive on campus:

- 54% frequently felt anxious
- 82% were at least somewhat stressed about their mental health
- 63% were at least somewhat stressed about their physical health
- 75% were at least somewhat stressed about health of a loved one

#### Many students still had difficulty adjusting:

- 50% had difficulty adjusting to the academic demands of college
- 61% found it difficult to manage time effectively
- 55% had difficulty developing effective study skill

#### Students are community-oriented and civically engaged:

- 70% agree that they see themselves as part of the campus community
- 45% publically communicated their opinion about a cause (e.g., blog, email, and petition)
- 42% performed or planned to perform volunteer work
- 82% agreed that faculty are those who empowered them to learn

